Committee Name: Physical and Mental Health

Committee Chair(s): Erika Jedidiah and Jennifer Nix

**Date/Time of meeting (11/05/2021):**

Attendees:

Committee Decisions: (limit 500 characters)

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| Soror Sonya Alexander Harry will be presenting the Physical and Mental Health Committee report at the November 6, 2021 chapter meeting.She will discuss the following:The Charitable Partners and Physical and Mental Health Committees are inviting Sorors to donate to the following:1. **DSTATX Thanksgiving Outreach*** Drive-by food drive at Circle of Hope, located at [2900 W. Pecan St., Pflugerville, TX 78660](https://urldefense.com/v3/__https%3A/www.bing.com/local?lid=YN873x13988741212703110068&id=YN873x13988741212703110068&q=Circle*of*Hope*Community*Center&name=Circle*of*Hope*Community*Center&cp=30.450063705444336*7e-97.6591567993164&ppois=30.450063705444336_-97.6591567993164_Circle*of*Hope*Community*Center__;KysrKysrKyslKysrKw!!O08gZkP5EzOGI1FMEnlV!VlmE_PWTl5wIOSoGLN1VkMzb6ftoDKh1e5zvn6DfwKkWxX8OBqelpld03bFiCMavaMJIebqscw$) on Saturday, November 13th from 10am -12pm.
* We are encouraging sorors to visit the SignUp Genius link for a list of the most requested food items and to track the chapter's donations.

<https://www.signupgenius.com/go/20F0C45A5AB2EA4FD0-dstatx>* We are asking every sorors to donate a minimum of 4 food items and to wear a mask when dropping off their donations.

**2.  Coats for Kids (Junior League of Austin)*** The coat drop-off competition window is November 15th – Dec 2nd.

  * With over 300 active sorors, we have set a high goal of 200 new or gently used coats to be donated by the chapter.
* There are 4 ways to participate:

-**Donate via the Amazon Wish List** <https://www.amazon.com/registries/holiday/2MXG7M1C8IJ32/guest-view>-**Drop off coats at any Jack Brown Cleaners location**.Sorors will be asked to request a receipt from Jack Brown Cleaners detailing the number of coats donated. Receipts must be emailed to the Coat Drive Coordinators (cfkcoatdrive@jlaustin.org) by the last day of the competition (Dec. 2nd)-**Make an online donation at**[**www.jlaustin.org**](https://urldefense.com/v3/__http%3A/www.jlaustin.org./__;!!O08gZkP5EzOGI1FMEnlV!VlmE_PWTl5wIOSoGLN1VkMzb6ftoDKh1e5zvn6DfwKkWxX8OBqelpld03bFiCMavaMLOKnh6Xg$)$20 buys a new coat. Sorors must put “Austin Alumnae Chapter of Delta Sigma Theta Sorority, Inc.” in the designated line so the chapter will receive credit.-**Contactless** **Drop off at the ADF House**There will be two opportunities to drop-off coats at the ADF House: Saturday, November 6th (1 – 3 PM) and on Tuesday, November 30th (4 – 6 PM).**3.  Sickle Cell Association of Texas Marc Thomas Foundation Toy Drive**The toy collection goal is to collect 100 toys.  There are 3 ways to participate:**-Donate via the Amazon-Sickle Cell Holiday Toy Drive Wish List**at[https://a.co/1NWqzzo](https://urldefense.com/v3/__https%3A/a.co/1NWqzzo__;!!O08gZkP5EzOGI1FMEnlV!VlmE_PWTl5wIOSoGLN1VkMzb6ftoDKh1e5zvn6DfwKkWxX8OBqelpld03bFiCMavaMJK_KGHPw$)(Sorors must list Delta Sigma Theta Sorority, Inc. or DST under “group” at the time of purchase so they can track our chapter’s donations.)-Dr**op off toys at the ADF House on either** November 6th (1 – 3 PM) or Tuesday, November 30th (4 – 6 PM).**-Drop off toys at the Sickle Cell Association of Texas Marc Thomas Foundation** Located at 314 E Highland Mall Blvd, Austin, TX 78752 Sorors can make drop-offs on Mondays and Wednesdays from 9 AM – 3 PM. Fridays from 9 AM – 12:30 PM or 2 - 3:30 PM)(Sorors must let them know they are donating on behalf of Delta Sigma Theta Sorority, Inc. or DST)  |

Recommendation(s) to Executive Board: (limit 500 characters)

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Next month’s activities: (limit 500 characters)

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Volunteer Activities (include Date/Participants/Time): (limit 500 characters)

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Signature of soror making the committee report: \_\_\_\_\_Erika Jedidiah \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­

**Date of report to Executive Board/Chapter:** \_\_\_\_\_\_\_November 2, 2021\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date/Time of next scheduled committee meeting:** \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_