SPEAKER RESOURCE PAGE



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Title and Organization:

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UT Health Houston, Depart of Pediatrics, Division of Neonatology CEO and Founder of Dr. TerriMD

Former Chair Steering Committee for African American Outreach, Texas Chapter March of Dimes

# Key Points:

1. Environmental Stressors impact our physical and mental health
2. Adverse Pregnancy outcomes are increased by inequities in quality of care, missed opportunities, valid medical mistrust and restriction of reproductive health choices
3. Racially Concordant and Culturally Competent care models improve health outcomes for Black women.
4. Improved Birth outcomes for Black women begins with having safe spaces to receive, advocate and experience equitable healthcare. Your Voice, Your Body, Your Life Matters!

# Key Actions Delta Members/Chapters Should Take:

1. Sign up for weekly legislative policy alerts with the Woman's Congressional Policy Institute and the March of Dimes
2. Consider letter writing campaign in support of key legislative actions for your district and state both locally and nationally
3. Increase Awareness by hosting Black Birth, Aftershock or Birthing Justice Film with Q & A and link to local resources for equitable pregnancy choices
4. Host Joint Social Action and Physical Mental Health forums for Safe Spaces to discuss Sexual Health and Reproductive Choices
5. Consider hosting fundraiser for organizations Creating Safe Spaces for Reproductive Justice

# Resources/ Links You Want to Share:

* + Woman’s Congressional Policy Institute Legislative Updates:

<https://www.wcpinst.org/sign-up-to-stay-in-touch/>

* + March of Dimes Bill Tracker for Reproductive Health:
		- [https://www.marchofdimes.org/our-work/policy-advocacy/federal-advocacy/](https://www.marchofdimes.org/our-work/policy-advocacy/federal-advocacy/bill-tracker) [bill-tracker](https://www.marchofdimes.org/our-work/policy-advocacy/federal-advocacy/bill-tracker)
	+ March of Dimes Advocacy Alerts

:<https://www.marchofdimes.org/get-involved/advocate>

* + National Partnership Black Maternal Health Report Dec 2023

<https://nationalpartnership.org/report/black-womens-maternal-health/>

* + Giving Compass: Organization supporting equitable reproductive justice for Black Women

[https://givingcompass.org/reproductive-justice?gad\_source=1&gclid=CjwK](https://givingcompass.org/reproductive-justice?gad_source=1&gclid=CjwKCAiAi6uvBhADEiwAWiyRdg4aHZrQCljO0a-a-GXNrCSRHvH7D6Y49rEbpL917qhJJ_mfoxb3GBoCH4YQAvD_BwE) [CAiAi6uvBhADEiwAWiyRdg4aHZrQCljO0a-a-GXNrCSRHvH7D6Y49rEbpL917qh](https://givingcompass.org/reproductive-justice?gad_source=1&gclid=CjwKCAiAi6uvBhADEiwAWiyRdg4aHZrQCljO0a-a-GXNrCSRHvH7D6Y49rEbpL917qhJJ_mfoxb3GBoCH4YQAvD_BwE) [JJ\_mfoxb3GBoCH4YQAvD\_BwE](https://givingcompass.org/reproductive-justice?gad_source=1&gclid=CjwKCAiAi6uvBhADEiwAWiyRdg4aHZrQCljO0a-a-GXNrCSRHvH7D6Y49rEbpL917qhJJ_mfoxb3GBoCH4YQAvD_BwE)

* + Aftershock Film: <https://www.aftershockdocumentary.com/>
	+ Birthing Justice Film: <https://www.pbs.org/show/birthing-justice/>
	+ Queen Collective: Black Birth <https://www.youtube.com/watch?v=5G3IG74RCak>
	+ Pampers Professional: Black Maternal Health Resources

[https://www.pampersprofessional.com/black-maternal-health-resour](https://www.pampersprofessional.com/black-maternal-health-resources/) [ces/](https://www.pampersprofessional.com/black-maternal-health-resources/)

* + 5 Questions for your Health Care Provider [https://www.pampersprofessional.com/black-maternal-health-resour](https://www.pampersprofessional.com/black-maternal-health-resources/) [ces/](https://www.pampersprofessional.com/black-maternal-health-resources/)
	+ March of Dimes Implicit Bias Training for Healthcare Providers [https://www.marchofdimes.org/our-work/health-professionals/impli](https://www.marchofdimes.org/our-work/health-professionals/implicit-bias-training) [cit-bias-training](https://www.marchofdimes.org/our-work/health-professionals/implicit-bias-training)
	+ Shades of Blue Maternal Mental Health Resources: <https://www.shadesofblueproject.org/>

